

Breakfast and Lunch

August 2017 GALETON AREA SCHOOL DISTRICT

**Food Service Director
Teri Sullivan
814.435.6571**

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE You must choose at least 3 of 5 components available for the school breakfast price. Entrée, ½ Cup Fruit, ½ Cup Juice and ½ Pint Milk, Variety of Fresh Fruit, 100% Fruit Juice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			24 Funnel Cake Or Cereal Goldfish Grahams Yogurt, Fresh Fruit Juice	25 Egg & Cheese On a Biscuit Or Cereal Belly Bears Yogurt, Fresh Fruit Juice
28 Pancake On A Stick Or Cereal, Toast Fresh Fruit Juice	29 Bagel W/Cream Cheese Or Cereal, Belly Bears Yogurt, Fresh Fruit Juice	30 Breakfast Pizza Or Cereal, Belly Bears Fresh Fruit Juice	31 Funnel Cake Or Cereal Goldfish Grahams Yogurt, Fresh Fruit Juice	September 1 Egg & Cheese On a Biscuit Or Cereal Belly Bears Yogurt, Fresh Fruit Juice

What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price. Choice of Meat or Meal Alternate, Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, And Choice of Milk. *Students must choose one fruit. Available Daily: Fat Free Milk, PBJ, Salad Bar 7-12. Yogurt platter available with salads.

			24 Cheeseburger Whole Grain Roll French Fries or Sweet Potato Fries Steamed Vegetables Fresh Fruit, Juice	25 Cheese Pizza Veggie Sticks Dip Fresh Fruit
28 Penne Bake Salad Bread Sticks Fresh Fruit	29 Hot Dog Whole Grain Bun Baked Beans, Carrots Fresh Fruit Juice	30 Chicken Nuggets Pretzel W/Cheese Steamed Vegetables Cucumbers W/Dip Fruit	31 Meatball Sub Mixed Vegetables Sun Chips Fresh Fruit Juice	September 1