

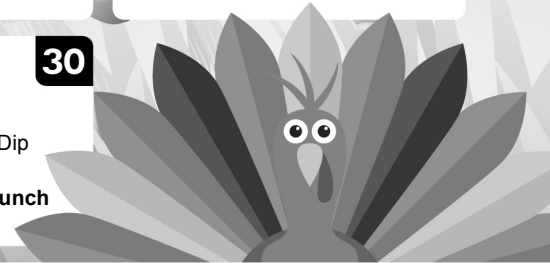


# November 2017

## Galeton Area School District

Food Services Director  
Teri Sullivan  
814.435.6571

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Steak Hoagie French Fries Cucumbers W/Dip Fresh Fruit	2 Chicken Gravy Over Biscuits Steamed Carrots Fresh Vegetables Fresh Fruit Juice	3 Pizza Veggie Sticks W/Dip Fresh Fruit Cupped Fruit OR Cheese Steak Pizza
6 Cheeseburger W/Roll Sweet/French Fries Steamed Vegetables Fresh Fruit Cupped Fruit	7 Lasagna Roll Up Salad Dinner Roll Fresh Fruit Juice	8 Chili Cornbread Muffins Steamed Vegetables Fresh Fruit Cupped Fruit	9 Chicken Nuggets OR Boneless Wings Pretzel W/Cheese Corn Fresh Fruit, Juice	10 <b>No School</b> <b>Parent Teacher Conferences</b>
13 Chicken Alfredo Salad Bread Sticks Fresh Fruit Cupped Fruit	14 <b>TACO TUESDAY</b> Soft Shell Seasoned Beef L, T, C Rice, Refried Beans Fresh Fruit, Juice	15 Meatball Sub Shredded Cheese Baked Potato Applesauce Fresh Veggies W/Dip Fresh Fruit	16 Fish Sandwich Macaroni and Cheese Steamed Vegetables Fresh Veggies W/Dip Fresh Fruit Juice	17 Pizza Veggie Sticks W/Dip Fresh Fruit Applesauce OR Buffalo Chicken
20 Hot Pork Sandwich Steamed Carrots Fresh Fruit Canned Fruit	21 Nachos Seasoned Beef Refried Beans Shredded Cheese Fresh Fruit Juice	22 Ham Deli Sandwich Chips Veggie Sticks W/Dip Fresh Fruit <b>Early Dismissal</b>	23 <b>Happy Thanksgiving</b>	24 <b>No School</b> <b>Friday Alternate Lunch</b> Salad
27 <b>No School</b> <b>Monday Alternate Lunch</b> Hamburger	28 Tomato Soup Grilled Cheese Crackers Mixed Veggies, Fresh Fruit Juice <b>Tuesday Alternate Lunch</b> Chicken Patty	29 Sweet N Sour Pork OR General Tso's Rice, Mandarin Oranges, Egg Roll, Fortune Cookie, Fresh Fruit <b>Wednesday Alternate Lunch</b> Ham & Cheese Pretzel Bun	30 BLT Seasoned Fries Fresh Cucumber W/Dip Fresh Fruit, Juice <b>Thursday Alternate Lunch</b> Chicken Fajitas	



What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price. Choice of Meat or Meal Alternate, Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread, And Choice of Milk. \*Students must choose one fruit. Available Daily: Fat Free Milk, PBJ, Salad Bar 7-12. Yogurt platter available with salads.