

SEPTEMBER 2017

Galeton Area School District

	Monday	Tuesday	Wednesday	Thursday	Friday
			© 0		Pizza Veggie Sticks W/Dip Fresh Fruit Canned Fruit Garlic Pizza
	Labor Day No School	Pork BBQ On Whole Grain Roll Coleslaw Fresh Fruit Juice	Chili Muffin Steamed Vegetables Fresh Vegetables Fresh Fruit	Turkey Sub L, T, O Chips Fresh Fruit Juice	Quesadilla Pizza W/Garbanzo Beans Salad, Salsa Fresh Fruit Cheese Pizza
	Chicken Tenders Dinner Roll Steamed Vegetables Baked Beans Fresh Fruit	Taco Tuesday Rice, L, T, C Salsa Fresh Fruit Juice	Hamburger Sweet Potato or French Fries Fresh Vegetables W/Dip Fresh Fruit	Grilled Cheese Tomato Soup Crackers Mixed Vegetables Juice	Pepperoni Pizza Veggie Sticks W/Dip Fresh Fruit Buffalo Chicken Pizza
	Chicken Alfredo W/Penne Salad Bread Sticks Fresh Fruit	Hot Dog Mac and Cheese Veggie Sticks Fresh Fruit Juice	Cheesy Bread Sticks Meat Sauce Marinara Green Beans Fresh Fruit	Chicken Patty Potato Rounds Steamed Vegetables Fresh Fruit Juice	Pizza Veggie Sticks Dip Fresh Fruit
	Mini Corn Dog Sweet Potato or French Fries Fresh Fruit Dinner Roll Monday Alternate Lunch Grilled Cheese	Sloppy Joe Chips Steamed Vegetables Fresh Fruit, Juice Tuesday Alternate Lunch Tuna Salad Wrap	Chicken Nuggets Pretzel W/Cheese Steamed Vegetables Fresh Fruit Wednesday Alternate Lunch Hamburger Whole Grain Roll	Breakfast for Lunch Fresh Toast, Sausage Potato Patty Fresh Fruit Juice Thursday Alternate Lunch Buffalo Wrap	Homemade Pizza Veggie Sticks W/Dip Salad Fresh Fruit Friday Alternate Lunch Salad

What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price. Choice of Meat or Meal Alternate, Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, And Choice of Milk. *Students must choose one fruit. Available Daily: Fat Free Milk, PBJ, Salad Bar 7-12. Yogurt platter available with salads.